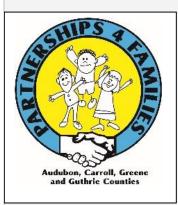
# News 4 You from P4F

March 2021 Issue 1989

Partnerships 4 Families Early Childhood Iowa Area for Audubon, Carroll, Greene and Guthrie Counties

### Early Childhood Iowa

An initiative to empower individuals and their communities to achieve desired results to improve the quality of life for children ages birth-5 years of age and their families.



### In Every Edition

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**Updates** 





Partnerships 4 Families is excited to announce that 1000 5-2-1-0 Healthy Choice Count! Bags have been delivered to child care providers, child care centers, early childhood programs and libraries in our area for distribution to children 2-3 years of age in our four county Early Childhood Iowa area. If a child you know would like to receive a bag please have them go to their local library or contract us at p4fchildren@gmail.com.

The bags contain a wonderful booklet from IDPH talking about the 5-2-1-0 initiative and giving parents and child care providers ideas on how to implement 5-2-1-0 with the children in their lives. 5-2-1-0 is nationally recognized and evidence based prevention framework to promote healthy habits for children and adults.

A big thank you to all our early childhood partners who participated in providing items or information in the bags.

### **VRoOM**

VRoOM Tips are a great way to implement 5-2-1-0 activities.

VRoOM is a free app that provides science based tips and tools to help parents and caregivers give children a great start.

https://www.vroom.org/

### Milestones

The CDC also has an app that assists in tracking the development of children. CDC Milestone Tracker App is available free through any app store. Multiple children can be tracked with the app. Tips and activities are provided that are developmentally appropriate for children.

https://www.cdc.gov/ncb ddd/actearly/milestonesapp.html



"Every child beginning at

birth will be healthy and successful.'

## Community Human Resource Coalitions

Community coalition meetings are intentional meetings of human service providers and community members gathering to network for the benefit of the people they serve. Anyone is welcome to attend.

Audubon County meets at 11:30 AM on the 2<sup>nd</sup> Wednesday of the month in January, April, June & October at the ISU Extension meeting room in Audubon. Their next meeting is:

Wednesday April 14, 2021 at

Wednesday April 14, 2021 at 11:30 AM A Zoom link will be sent by Mollie Scott.

Carroll County meets at noon on the third Wednesday of every other month. Their next meeting is: Wednesday at Noon on April 21, 2021 @ New Opportunities Meeting Room in Carroll. Now meeting every other month. Mental Health Coalition meets on the opposite months

Greene County meets on the first Tuesday of the month at noon at ISU Extension in Jefferson. They do take July & August off. Their next meeting is: Tuesday March 2, 2021 at Noon via Zoom, a link will be sent by Nancy Rowedder.

Guthrie County meets at noon four times a year in March, June, September and December on the second Thursday of the month at the ISU Extension meeting room in Guthrie Center. Their next meeting is: Thursday March 11, 2021 at noon via Zoom A link will be sent by Cindy Duhrkopf

The successes of the meetings are driven by the people attending and the connections that are developed.

If you do not receive a link to any of the meetings email us at p4fchildren@gmail.com

## P4F Early Childhood Task Force

A full meeting of all four counties early childhood providers will be held on Wednesday March 24th at 1:00 PM via Zoom

https://us02web.zoom.us/j/89804092990?pwd=TitqdEZ2MmtNeEg5MFUrUm0rQkt5QT09

Meeting ID: 898 0409 2990 Passcode: 255634

We look forward to you joining us. We will discuss current needs of early childhood programs as we move out of this year of COVID-19.

Please consider promoting one of the following initiatives through your program.

<u>5-2-1-0 Healthy Choices</u>

1000 Books before Kindergarten

2000 Days

<u>CDC Milestones</u>

## P4F Board Update

The P4F Board met on February 18<sup>th</sup> to hear updates from the CCNC and the Child Care Project. They also approved the renewal for funding in FY22.

Next Meeting is: Thursday April 22, 2021 11:00 AM CST Via Zoom

The meetings are open to the public a link to the Zoom meeting is posted on the agenda for the meeting that is posted on our website 24 hours in advance of the meeting.

#### Partnerships 4 Families

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#### Phone

(712) 790-7437

#### E-mail

P4fchildren@gmail.com

#### We're on the Web!

See us at: www.partnerships4families.org

If you would like to learn more about Early Childhood Iowa and Partnerships 4 Families reach out to our Area Director Cindy Duhrkopf @ p4fchildren@gmail.com

Partnerships 4 Families has included you in our list serve to keep you informed about activities in Audubon, Carroll, Greene and Guthrie Counties. If you on longer want to receive updates please email us at p4fchildren@gmail.com

### **DHS Data Dashboard**

lowa's Department of Human Services has developed a new Data Dashboard that allows the public to access data pertaining to DHS services. These services include: Child Care, Child Support, Child Welfare, Facilities, SNAP, Health and even information about Fiscal operations at DHS.

If you have questions about the Dashboard submit your questions to via the welcome page.

### P4F Seeking 2 Board Members

PARTNERSHIPS 4 FAMILIES IS SEEKING 2 NEW BOARD MEMBERS TO ROUND OUT A GREAT GROUP OF EARLY CHILDHOOD ADVOCATES.

PERSONS MAY RESIDE IN ANY OF OUR 4 COUNTIES, BE MALE OR FEMALE AND PERFERABLY HAVE A HEALTH, FAITH OR BUSINESS BACKGROUD.

EMAIL US AT <u>P4FCHILDREN@GMAIL.COM</u> FOR MORE INFORMATION.