

Partnerships 4 Families Early Childhood Iowa Area for Audubon, Carroll, Greene and Guthrie Counties

## Early Childhood Iowa

An initiative to empower individuals and their communities to achieve desired results to improve the quality of life for children ages birth-5 years of age and their families.



Audubon, Carroll, Greene  
and Guthrie Counties

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## ECI 20 Year Celebration October 3rd

Early Childhood Iowa is hosting a summit to engage partners that are involved in local and state level early childhood system work. The thread for early childhood providers will focus on how young children experiences with caregiver's impact brain development and future outcomes in lifelong health, academic

and economic success based on over 20 years of research and data. Nationally recognized speakers will present on the topics of brain development.

The evening will be a time of celebration of 20 years of Empowerment/Early Childhood Iowa in the state.

The event is open all, registration can be found at:

<https://earlychildhood.iowa.gov/news-item/2018-06-28/early-childhood-systems-summit-registration-open>

Partnerships 4 Families will also be celebrating over the course of the year. If you are interested in providing input please email us at: [p4fchildren@gmail.com](mailto:p4fchildren@gmail.com)

## Reach out and Read Iowa

Reach Out and Read Iowa prepares America's youngest children to succeed in school by partnering with doctors to prescribe books and encourage families to read together.

In our area St Anthony Clinic and Guthrie County Hospital Clinic both participate in the

program. Clinics wishing to learn more can email Molly at: [molly@reachoutandreadiowa.org](mailto:molly@reachoutandreadiowa.org). She is interested in engaging any clinic that sees young children.

Children receiving care at participating clinics will be "prescribed" a book to read with their family

and given information about the importance of reading daily. Some clinics provide a book at each well child checkup, but participation can vary.

P4F would like to see all clinics in our area participating.



*"Every child beginning at birth will be healthy and successful."*

## Community Human Resource Coalitions

Community coalition meetings are intentional meetings of human service providers and community members gathering to network for the benefit of the people they serve. Anyone is welcome to attend.

**Audubon County** meets at 11:30 AM on the 2<sup>nd</sup> Wednesday of the month in January, April, June & October at the ISU Extension meeting room in Audubon. Their next meeting is: **Wednesday October 10<sup>th</sup> at 11:30.**

**Carroll County** meets at noon on the third Wednesday of the month at ISU Extensions Meeting Room in Carroll. Their next meeting is: **Wednesday at Noon September 19<sup>th</sup> at Noon.**

**Greene County** meets on the first Tuesday of the month at noon at ISU Extension in Jefferson. They do take July & August off. Their next meeting is: **Tuesday Sept 4<sup>th</sup> at Noon.** No July or August Meetings

**Guthrie County** meets at noon four times a year in March, June, September and December on the second Thursday of the month at the ISU Extension meeting room in Guthrie Center. Their next meeting is: **Thursday September 13<sup>th</sup> at noon.**

The successes of the meetings are driven by the people attending and the connections that are developed.

## P4F Early Childhood Task Force

P4F invites early childhood service providers and advocates to our Early Childhood Task Force meetings this October. Be sure to invite anyone in your agency to attend.

This year we will be holding two meetings in each county. Some meetings will be at 4:00 and some at 1:00 or 1:30 and held on a Wednesday to accommodate preschool teachers.

**Audubon**  
Tues Oct 23<sup>rd</sup> 4:00 PM  
ISU Extension Audubon

**Carroll**  
Wed Oct 24<sup>th</sup> 1:00 PM  
Family Resource Center

**Greene**  
Wed Oct 17<sup>th</sup> 1:00 PM  
ISU Extension Jefferson

**Guthrie**  
Tues Oct 16<sup>th</sup> 4:00 PM  
ISU Extension Guthrie Center

We will gather for updates on programs and move into a discussion regarding the Circle of Control. It will be a time for reflection on where we fit in serving children and families. Or where we can make a difference.

Plan to attend & invite a co-worker.



## P4F Board Update

The P4F Board does not meet in August. There September meeting will have a full agenda with review of the

annual report, approval of a change to the bylaws and a visit by Jeff Anderson from the ECI State Office.

The next P4F Board meeting is scheduled for:

September 21, 2018

At 10:30 in Carroll at New Opportunities

All meetings are open to the public. Board minutes can be found on the P4F Website.

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## Persons in the Spot Lite-

### Bus Drivers for Preschoolers

20 years ago when the snow fell six feet at a time..... Ok so maybe that didn't happen. But 20 years ago very few bus drivers were transporting three and four-year-old kiddos on the big yellow school bus. Even 10 years ago it was very seldom. Now we have wee ones getting on that big bus at

many stops and we need to give a big shout out to those that are patient about transporting them as the little ones adjust to another new experience. Please thank those bus drivers and give them an extra smile if you are greeting them in the morning, at lunch or days end.



### 5 Steps to Managing Big Emotions

**1.** Remind myself that it is never okay to hurt others.

**2.** Take 3 deep breaths or count slowly to 10.

**3.** Use my words to say how I feel and what I wish would happen.

**4.** Ask for help to solve the problem.

**5.** Take time to calm down.

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**We're on the Web!**  
See us at:  
[www.partnerships4families.org](http://www.partnerships4families.org)

Find more information at: <https://childhood101.com/helping-children-manage-big-emotions/>